

Daily Living Skills

K-3

Independent Toileting
Brushing Teeth
Hygiene Care- Hands, Cleanliness, and Grooming, tie shoes
Morning Routine- Take off coat, put up backpack, etc.
Drinking and Eating Skills
Dressing/Undressing
Gross and Fine Motor Skills
Identifying Appliances and Household items
Follow gesture and verbal directions-commands and requests
Fire and Bus Safety
Introduction of personal data

4-6

Introduction to Microwave skills
Meal Preparation- snacks, sandwiches
Shopping
Introduction to proper usage of cleaning supplies
Introduction of Kitchen Appliances and Household items
Introduction of Appropriate Seasonal Clothing

7-9

Introduction to Meal Preparation-pg. 207
Plan, Shop for Meals
Proper cleaning
Using Kitchen Appliances and Household items
Wear Appropriate Seasonal Clothing

10-12+

Plan, Shop, and Prepare Meals
Set up housing
Managing a home
Banking
Rules for Driving
Laundry
Independently dress appropriately for seasons
Childcare and development

Vocational/Occupational Skills

K-3

Vacuuming
Food Preparation- napkins, placemats, straws, etc.
Cleanup
Introduction to Cooking
Fine Motor Skills

4-6

Begin alphabetizing skills-filing and organization
Sequencing and Patterns

7-9

Introduction of Household Tools
How to use a paintbrush
Career Choices

10-12+

Construct Resumes
Interviewing Skills
Work Programs

School Community

K-3

Safety rules- fire, bus, phone

Shopping

Field trips

Introduction of Staff members in your school and community

4-6

Introduce locations in your school building

Identifying Staff members in your school and community

Locating places in the community for various needs- Hospital, Bank, Post Office, Restaurants, Entertainment, Police and Fire Department

7-9

Plan Trips

Identify and locate specific areas of your school building

Locating and identifying use of places in the community for various needs- Hospital, Bank, Library, Post Office, Government/ City Buildings, Restaurants, Entertainment, Police and Fire Department

Identifying Staff members in your school and community

10-12+

Voting

Identifying Staff members in your school, work place, and community

Recreation/Leisure

K-3

Using Playground Equipment
Introduction to various games and rules
Sharing
Field trips

4-6

Introduction Board games
Choose own recreation/leisure activity
Planning for field trips
Bowling
Participate in Special Olympics

7-9

Set up and play Board games together
Operate a radio, T.V., etc. independently

10-12+

Planning Trips
Play board games appropriately

Functional Reading

K-3

Alphabet Skills/ Phonics
Calendar Skills- days, months, seasons
Sequencing
Following directions
Use complete sentences
Charts, Graphs, Information- menus, etc.
Reading schedule- words and pictures
Learn personal information

4-6

Reading schedule- Words and pictures
Identify personal information

7-9

Identifying labels for everyday use
Reading Daily schedules- Words and Pictures
Identify personal information
Survival Word Bingo
Directions for assembly
Reading recipes
Reading directions

10-12+

Survival Word Bingo
Filing out an Application
Warning Labels
Reading Recipes
Directions for assembly

Functional Math

K-3

Calendar Skills
Recognizing numbers
Patterning
Sorting
Counting objects
Introducing Clocks
Shapes
Introduction to Right and Left
Introduction of measurements

4-6

Introduce and Recognize Money
Math Reasoning Skills
Number Operations
Identify Time
Right and Left
Introduction of ordinal numbers
Introduction of map directions

7-9

Tell the time
Money
Measurements
Map skills

10-12+

Money
Banking
Measurements
Mapping with directions